



VOLUNTEERS OPPORTUNITIES AT NORTH VALLEY CARING SERVICES

North Valley Caring Services (NVCS) is a non profit community organization located in the Langdon/Orion Street community of North Hills. The mission of NVCS is to empower neighborhood residents to build a vision of their community's future and to actively engage in solving local problems. This is achieved through several community programs serving low income youth, families, and individuals.

SOME FACTS

Initially an outreach program of Sepulveda United Methodist Church, NVCS became incorporated as an independent non-profit in 1995. Today the agency's programs serve more than 3,393 individuals each year. Although NVCS serves families and individuals from North Hills, Panorama City, Van Nuys, and Arleta, the majority of participants live in the agency's Langdon/Orion Street neighborhood of North Hills. Within this very dense Census Tract live 3,553 people, more than twice the average density than the City of LA. Approximately 92% of the families in the Langdon/Orion neighborhood are Latino (LA City average is 47%); 41% live on incomes below federal poverty level (LA City average is 18%). High unemployment is often a result of poor education and the inability to speak English. More than half have less than a 9th grade education.

OPPORTUNITIES TO SERVE

NVCS is always in need of a variety of assistance. Volunteers are used throughout the agency's many programs, and are matched according to their background and area(s) of interest. In addition to unique, one-time volunteer projects/events that arise, NVCS has the following on-going volunteer needs year-round:

- 1. Breakfast Program:** Volunteers are needed to help with the cooking, setting up, and serving of meals. In addition, help is needed to distribute personal hygiene materials to a large group of homeless and needy people in the neighborhood. (Monday, Wednesday, and Friday, between 6:30am & 9:00am)
- 2. Early Childhood Education Program:** Needs volunteers to assist teachers in the provision of direct early education services to children ages 0-5. Volunteers will read to children, assist with learning games, crafts and outdoor activities. (Monday thru Friday, between 8:30am & 12:30pm)
- 3. Youth Program:** Needs after school tutors to assist teens ages 6-18 with homework, reading, arts and crafts, games and recreational activities. (Monday thru Friday, between 2:00pm & 6:00pm)
- 4. Food Pantry:** Needs help in sorting and packing donated food items for distribution to families in the area. (1st & 3rd Wednesday of every month, at hours to be arranged)
- 5. Computer and Internet Training:** Needs volunteers to assist teens ages 6-18 learn to use computers and the internet. (Monday thru Friday, between 2:00pm & 6:00pm)

To Volunteer call: **Lucia Garcia at (818) 891-0481, Ext.25**
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